

M.A. 3rd Semester Examination-2022-23

EDUCATION

Course ID : 30254

Course Code : EDN-304EA

Course Title : Guidance and Counselling

Time : 2 Hours

Full Marks : 40

The figures in the right hand margin indicate full marks.

Candidates are required to give their answers in their own words as far as practicable.

1. Answer any five questions :

2×5 = 10

(a) Define Adjustment.

(b) Write at least two differences between Guidance and Advice.

(c) What is meant by Problem Behaviors?

(d) State any four problems of adolescence.

(e) What is meant by Gerontological Counselling?

(f) Point out two merits of Narco-therapy.

(Turn Over)

(g) Mention four diagnostic symptoms of Autism.

(h) Who is the Founder of Psycho-Drama?

2. Answer any *four* questions :

5×4=20

(a) Explain different approaches to Mental Hygiene.

(b) Point out the differences between Guidance and Counselling.

(c) Mention the different kinds of eating disorder with its symptoms.

(d) Differentiate Directive counselling from non-directive counselling.

(e) What are the different types of psychosis? Point out the symptoms and remedy on Manic-depressive.

1+4

(f) Point out five different types of Phobias with specific name and with a short description.

(g) What is Delinquency? Point out the measures that are taken to treat delinquency.

1+4

3. Answer any *one* question :

10×1=10

(a) What is Guidance? What are the different types of Guidance? Describe the characteristics of Guidance Programmes.

2+2+6

(b) Illustrate the concept of mental health. Mention the factors and state how they are affecting mental health.

2+8

(c) Mention the different types of causes of Maladjustment in school going children.