# B.Sc. 1<sup>st</sup> Semester (Honours) Examination, 2020-21

### PHYSIOLOGY

Course ID: 12514

#### Course Code: SH/PHY/103/GE-1 (T)

#### **Course Title: Community and Public Health**

#### Time: 1Hour 15 Minutes

## Full Marks: 25

The figures in the margin indicate full marks.Candidates are required to give their answers in their own words as far as practicable.1. Answer any five from the following questions: $1 \times 5 = 5$ 

- (a) What do you mean by ACU?
- (b) Define BMI.
- (c) What is the function of dietary fiber?
- (d) What do you mean by hypertension?
- (e) What is SDA?
- (f) Define Kwashiorkor.
- (g) What is IDDM?

(h)What do you mean by biological value of protein?

## 2. Answer any two from the following questions: $5 \times 2 = 10$

(a) Write down the composition and nutritional value of milk. 2+3=5

(b) Mention the daily requirements of iodine in human body. Write down its dietary sources and deficiency symptoms. 1+2+2=5

(c) What are the sources of iron? Discuss in briefly significance of iron on human health 2+3=5

(d) Define dietary fibre. Mention the composition and importance of dietary fibre in human body. 1+2+2=5

## **3.** Answer any one question from the following: $10 \times 1 = 10$

(a) Write down the dietary management of diabetic person. What are the complications of obesity? 8+2=10

(b) Write about the adverse effects of noise pollution in human health. Mention the different probable control of noise pollution. What is masking? 5+4+1=10